



ADDITIONAL INFORMATION - PLEASE COMPLETE THIS FORM IN FULL & SUBMIT WITH YOUR COMPLETED APPLICATION FORM & DEPOSIT PAYMENT

Thank you for applying for entry to the BSc (Hons) Counselling & Psychotherapy. We now require some more information to proceed with your application.

- 1. Copy of my current/previous Core Course Prospectus / Core Course Outline**
- 2. Transcript of Results of all my assessments / examinations**
- 3. Copy of all relevant qualifications**
- 4. Completed Course Comparison Form**
- 5. Letter from counsellor to verify 15 hours of personal therapy (if applicable)**

Please note that we have included a Course Comparison Help Sheet to assist you in filling out the Course Comparison Form. Please do not hesitate to contact us if you have any queries regarding the application process at enquiries@pcicollege.ie or 01-4642268.



Module Number / Description	What is covered in the PCI College Module: (Summary of Learning Outcomes. Further detail is available in the course Narratives)
<p>Year 1:</p> <p>CP411 Contemporary Humanistic & Existential Perspectives in Counselling & Psychotherapy</p> <p>30 credits</p>	<ul style="list-style-type: none"> • The relationship between the Humanistic and Existential approaches to counselling and how such approaches can be integrated into personal and professional life. • The contribution of key theorists to the Humanistic and Existential schools of counselling and psychotherapy. • The philosophical concepts underpinning Humanistic approaches and key philosophical principles of Existentialism. • The main principles of the Person-Centred approach to therapy. • The Person-Centred approach and the existentialist approach as a way of being. • Reflect on Person-Centred and Existential models of process and change. • Identify common and unique characteristics of Humanistic and Existential psychotherapy. • Understand how to read the relevant literature on Humanistic and Existential approaches
<p>Year 1:</p> <p>CP412: Professional Competence: Counselling Skills & Ethical Practice</p> <p>30 credits</p>	<ul style="list-style-type: none"> • Competency in a variety of key baseline counselling skills. • Establishing an appropriate setting for counselling, including making a working contract and managing personal and professional boundaries. • The importance of ethics in counselling and the influence of personal values on same. • Offering a structured counselling experience to a client. • The contribution of the therapist's use of self to the process and outcome of therapy. • Identify strengths and areas for improvement through reflection on triad/small group work. • Understand the value of feedback, both giving and receiving, as well as ongoing reflective practice, individually and in groups.
<p>Year 1:</p> <p>CP413 Personal Development: Self-awareness & the Reflective Practitioner</p>	<ul style="list-style-type: none"> • The meaning and importance of self-awareness in becoming an effective counsellor and the tasks involved in integrating personal experiences into professional selves. • Demonstrate an ability to self-reflect on the development of your own self-concept, especially in the areas of needs, values, internalised beliefs, motivations, emotional resilience and the impact of same on personal and professional relationships. • Show increased awareness by reflecting on self through the lens of attachment theory and the influence of same on emotional life and patterns of social relationships. • Recognise personal defensive strategies and identify configurations of self. • Prepare and deliver a verbal presentation to group.



Name: _____

Email Address: _____

Phone Number: _____

Registration Number (if known): _____

I wish to apply for entry to the BSc (Hons) Counselling & Psychotherapy Programme and I have completed the following course (s) relevant to my application:

I attach the following:-

- 1. Copy of my current/previous Core Course Prospectus / Core Course Outline**
- 2. Transcript of Results of all my assessments / examinations**
- 3. Copy of all relevant qualifications**
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PCI College

Forerunner of Advancement in Psychological Education
Established 1981

Course Comparison Form (Use Additional Pages If Required)

BSc (Hons) Counselling & Psychotherapy Programme

Please see Additional Information on Page 2 for details of what is covered in the PCI College Modules

Module Number	Description	Match with the relevant content from your core course. Reference the Prospectus or Course Description from Institute	Module Hours &	How was module assessed?	Grade awarded
CP413	Contemporary Humanistic & Existential Perspectives in Counselling & Psychotherapy				
CP412	Professional Competence: Counselling Skills & Ethical Practice				
CP413	Personal Development: Self-awareness & the Reflective Practitioner				